

## Combined meeting notes from food standards and strategy groups 1 & 2

17<sup>th</sup> and 30<sup>th</sup> July 2018



Broadmoor Hospital, Learning & Development Centre, Crowthorne, Berkshire.

## Initial thoughts

- Invite director of nursing / nursing input to be part of group to ensure clinical links are proactively promoted with regards to all aspects of food in healthcare settings.
- Defining of different staff group responsibilities in relation to patient feeding i.e. nursing, dietetic, hca's, facilities.
- NHS standard contract – current 5 core standards but links to others standards needs to have a clear approach to what the standard is and reference the other standards e.g. Government Buying Standards and British Dietetic Association Digest.
- Robust management of services – toolkits, education and training.
- Full overview of the patient food journey and patient experience – case studies and patient stories.
- Building on current frameworks e.g Food for life, DEFRA tools, SDU etc.
- Packaging – ease of use, does it support eating or hinder the process, is it minimal and sustainable?
- 'Standards on a teatowel' – simple, plain language, easy to understand / follow.

## What does good look like?

- Good organisational reporting structures and leadership strategy with information flowing easily up, down and across the organisation.
- Data Reporting – ensuring accurate, comparable and measurable data reporting.
- Assurance / compliance – ensure that compliance starts at the top i.e. with board accountability and food and drink strategies linked to new standards.
- Food waste measured accurately in a transparent and consistent manner.
- What does the whole process look like 'farm to fork / purchase to plate'?
- Meal choices – quality of choices not necessarily quantity of choices, speciality areas e.g. paediatrics, maternity, dementia.
- Menu design – quality and thought given to how food is grouped and will look as well as the nutritional aspect e.g. no having cauliflower and boiled or mash on same plate. Thought to the aesthetics.
- Championing food, nutrition and hydration – social values and culture change.
- Procurement of contracts on a best value basis not cheapest.
- Modern menu's which reflect how people eat at home for all groups, potential for less choice but better quality (patient / staff / visitor) – although acknowledgement is given to the differing nutritional requirements of these groups.

- Retail catering may have differing issues which conflict with other areas and this can link in with the current NHS estate challenge and needs to take into account the health and well being of the workforce, the reduction for staff in break times, distance from place of work to accessible food and the future proofing of standards set to continue on work started via the CQUIN.
- NHS needs to be at the fore front of modelling good behaviours and practices.
- Need to look at the last 9 years and take a holistic view to patient food and its service including communal eating, help with feeding, education around choices and for staff around service. Staff to eat with patients where possible.
- Presentation needs to be appetising to encourage eating with fit for purpose nutritionally adequate food.
- 24/7 access to food for all groups.
- Consider environment for all groups and how food is presented to encourage social interaction and feeding.
- Cultural, religious and regional differences.
- Food and nutrition standards which are consistent across all organisations.
- Empty plates used as a quality indicator.
- Reducing bed days and staff sick days by better quality food, nutrition and hydration.
- Wastage tool to ensure consistency which could feed into ERIC.
- Ensuring dignity for all.
- Celebrate the good news stories and good work which is going on – raise the profile of food across the healthcare sector whilst managing expectations.
- Work closely with supply partners – workshops to be held with suppliers towards end of the year.

## Focus

- Safety:
  - Process
  - Assurance / Compliance
  - Communication
  - Patient needs
  - HACCAP
  - Clinical Engagement
  - Audit
  - Monitoring
- Environment:
  - Patient dining – social
  - Assistance

Staff and visitors access o nice environments and spaces to eat.  
Empathy – are we offereing drinks and snacks to visitors on wards?

- Culture Change:
  - Removing barriers – thinking differently
  - Change the way senior management look at food and hydration
  - Ensure thr right people are involved
  - Consultation
  - Clinical abassadors
  - The power of 3
- Service:
  - Ensuring fit for purpose for different groups
  - How does food look on plate / tray?
  - Specialist needs – ease of systems to avoid mistakes.
- Measureable standards:
  - Accurate data & evidence
  - Validated compliance
  - Consistency and standardisation across organisations.
- Procurment:
  - Look at whole process
  - Look at best value not cheapest
  - Understanding of contracts and specifications being signed up to.
- Food Waste:
  - Reduction in waste
  - Analysis of resons for waste
  - Understaning ordering systems.
- Simplification:
  - Simple language
  - Concise document
  - Clear standards – with links
- Joint Accountability:

Starting at board level  
Food and Nutrition everyone's responsibility

- Balance Scorecard:  
Should be used as part of procurement process  
Should be used as part of the normal reporting and compliance process.
- Standardisation:  
Template for board reports  
Template for food and drink strategy  
Links to training  
Good practice links  
Structure of food offer  
Use of Technology

## Work streams

Patient Experience / Service	Retail, Staff & Visitor Feeding	Sustainability & Food Waste	Environment & Culture	Safety	Raising the Profile	Procurement	Training & Education	Toolkits
Trays	Environment	Reduction in disposables	Communication	Audit	Communications	Frameworks	Skills framework	Board templates
Tableware	Availability	Responsibly resourced products	Case Studies	Compliance	Working with stakeholders	OJEU	Links to courses	Menu bank
Help feeding	Healthy Choices	Data	Patient Stories	Specialist needs	Good news stories	Specifications	Succession planning	Recipe bank
Availability of food	Value for money	Technology	Managing expectations	HACCP	Patient Workshops	Contract management / partnership	Patient education	Audit templates
Presentation		Links with local trusts	Working with partner suppliers	EHO	Interviews	GBS	Regeneration training	Balance Scorecard
				Food safety				Strategy / Policy template

The NHS logo, consisting of the letters 'NHS' in a white, bold, sans-serif font inside a blue rectangular box.

Improvement

# Food Standards & Strategy Group

July 2018

collaboration

trust

respect

innovation

courage

compassion

# Background

- Better hospital food campaign 2002/3
- Hospital Food Standards Panel Report 2014
- Update on Hospital Food Standards Panel Report 2017





WHY?



# Focus

- Quality Patient Food
- Health and Well-being of the workforce
- Visitor Food
- Food Waste
- Sustainability



  
Department  
of Health

*Healthy Lives, Healthy People:*  
a Public Health Workforce  
Strategy

East Midlands Public Health Summit 17 June 2014



Sustainable food

# Next Steps

- Futures meeting frequencies
- Work Streams
- Review of documentation
- Timescales
- The future

# Questions?

CONTACT:

[emma.brookes4@nhs.net](mailto:emma.brookes4@nhs.net)